



ANDERIDA ADOLESCENT CARE

AFTER CARE FOR YOUNG PEOPLE

Anderida believe that being able to maintain a relationship after young people and their families leave our care or adults cease employment with Anderida can be a positive factor to young people and adults moving on. Particularly given that many of our young people will have had multiple placements, struggled to form relationship with safe professionals and struggle with intense feeling of abandonment.

However, communication with young people and their families who you no longer care for/support must be safe and appropriate and managed within certain parameters. It would be impossible to cover every situation and communication; therefore, the following guidance underpins the primary principles of post care communication.

- All communication made must be done or responded to with full transparency and permission from the relevant manager for that young person. This is to include any actual meetings, phone calls, or forms of social media.
- Meetings must be in a family friendly environment.
- There should never be any alcohol involved even if the young person/family members are at a legal age to drink.
- Should you bump into a young person/family member whom is at legal age to drink, drinking alcohol and no longer in our care, it is not advisable to enter conversations with them and instead suggest you meet another time to catch up.
- Gifts should generally not be exchanged, however on occasions that this is deemed appropriate and is undertaken transparently with permissions the giving and receiving of gifts may be acceptable. Please see gratuities policy for further guidance.
- All communications including written and telephone should be recorded on the aftercare paperwork and saved in the young persons file.

Anyone removed from their post due to malpractice, serious misconduct and/or safeguarding concerns does not have permission to make or respond to contacts with young people/families who have been supported by or post care in Anderida. Should we become aware that they have acted in breach of this policy their details may be passed on to Local Authority Safeguarding teams and Disclosure and Barring. Where serious concerns are highlighted the Police will also be informed.